

Trauma-Informed Care Proficiency

TRAINING PLAN

LEVELS	Support Services Track	Management Track	Direct Services Track	Clinical Services Track
FIVE	20 elective points* on trauma related topics (books, videos, online courses, events)	20 elective points* on trauma related topics (books, videos, online courses, events)	20 elective points* on trauma related topics (books, videos, online courses, events)	<ul style="list-style-type: none"> Additional training on selected topic of focus (credentialing if appropriate) to be qualified to train -OR- additional training on the second topic of focus to be qualified to practice Complete 6 additional CEUs on trauma and attachment related topics
FOUR	20 elective points* on trauma related topics (books, videos, online courses, events)	20 elective points* on trauma related topics (books, videos, online courses, events)	20 elective points* on trauma related topics (books, videos, online courses, events)	<ul style="list-style-type: none"> Additional training on the selected topic of focus (preparing to be a trainer) –OR- select a second topic of focus from the menu and attend basic training Complete 6 additional CEUs on trauma and attachment related topics
THREE	20 elective points* on trauma related topics (books, videos, online courses, events)	<ul style="list-style-type: none"> View the film “Paper Tigers” Volunteer for a TIC event at Hat Creek Camp or in Direct Services 	<ul style="list-style-type: none"> Training on “Securing Attachment” Training on “Mindfulness and Mind/Body Connections” 	<ul style="list-style-type: none"> Additional training on the selected topic of focus (credentialing if appropriate) to be qualified to practice Complete 6 additional CEUs on trauma and attachment related topics
TWO	<ul style="list-style-type: none"> View the film “Paper Tigers” Volunteer for a TIC event at Hat Creek Camp or in Direct Services 	<ul style="list-style-type: none"> Training on “Secondary Trauma” Training on “Building Resilience” 	<ul style="list-style-type: none"> View the film “Paper Tigers” Training on “Secondary Trauma” Training on “Building Resilience” 	<ul style="list-style-type: none"> Attend basic training on a topic of focus selected from the menu (<i>see menu on the back of this sheet</i>) Complete 6 additional CEUs on trauma and attachment related topics
ONE	<ul style="list-style-type: none"> View the film “Resilience” Training on “Trauma-Informed Workplace” 	<ul style="list-style-type: none"> View the film “Resilience” Attend Empowered to Connect Training on “Trauma-Informed Workplace” 	<ul style="list-style-type: none"> Attend 3 day TBRI Training Read “Wounded Children, Healing Homes” 	<ul style="list-style-type: none"> Read “The Body Keeps the Score” Complete 6 CEUs on trauma and attachment related topics
Onboarding (first 90 days)	<ul style="list-style-type: none"> Read “The Connected Child” or attend the TBRI Overview Read Intro and complete the Attachment Assessment and ACES 	<ul style="list-style-type: none"> Read “The Connected Child” or attend the TBRI Overview Read Intro and complete the Attachment Assessment and ACES 	<ul style="list-style-type: none"> Read “The Connected Child” or attend the TBRI Overview Read Intro and complete the Attachment Assessment and ACES 	<ul style="list-style-type: none"> Read “The Connected Child” or attend the TBRI Overview Read Intro and complete the Attachment Assessment and ACES

*A catalogue of books, videos, online courses, events and other learning experiences will be published each year with specific numbers of elective points assigned to each.

Menu of Specialties for the Clinical Services Track:

EMDR (Eye Movement Desensitization and Reprocessing therapy)

ACT (Acceptance and Commitment Therapy)

TF-CBT (Trauma Focused Cognitive Behavioral Therapy)

Mindfulness and other Mind/Body Interventions

Attachment (i.e. Circle of Security)

Family Therapy

Attachment and Trauma Assessment

DDP (Dyadic Developmental Psychotherapy)

Theraplay, and/or Play Therapy